



# PRIMARY SCHOOL Menu T2/2022

## YBK Breakfast

- Café Style Raisin toast \$ 2.00
- Honey, jam or vegemite toast \$ 1.50
- Pikelets with jam or honey \$ 1.00
- School size banana bread 80g \$ 3.00
- Cheese Jaffle \$ 1.00
- Fresh fruit salad small \$ 2.50 Lrg \$ 5.00
- Fruit salad and Greek yoghurt \$ 5.50
- Variety of homemade muffins \$ 2.00



## Drinks

- Water \$ 2.50
- Sparling Mineral water \$ 3.00
- Glee \$ 3.00
- Plain Milk popper \$ 2.50
- OAK Flavoured milk 300ml \$ 3.00
- Soy milk \$ 3.00
- Up&Go \$ 3.00

### OCCASIONAL

- Juice poppers 99% fruit juice 250ml \$ 2.50

## YBK Snacks

### Everyday

- Seasonal fresh fruit \$ 1.50
- Fruit Skewer \$ 1.50
- Apple slinky \$ 1.50
- Fresh fruit salad Sm \$2.50 Lrg \$ 5.00
- Fruit salad and Greek yoghurt \$ 5.50
- Carrot Stick (4x) \$ 0.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) \$ 4.00
- Cucumber, celery and carrot cups with Hummus \$ 3.00
- Variety of homemade muffins \$ 2.00
- Pizza bread \$ 2.00
- Greek Yoghurt cups \$ 1.50
- Greek Yoghurt cups with berries \$ 2.00
- Pauls Vanilla Custard \$ 1.00

### OCCASIONAL

- Oven baked hash browns \$ 1.50
- Garlic Bread \$ 1.00
- Vegie chips (Gluten free) \$ 2.50
- Popcorn Plain \$ 2.00

### Everyday

- Frozen fruit from \$ 0.10 to \$ 1.00
- Quelch Stick \$1.00
- Juicies \$ 1.20
- Frozen juice cup \$ 1.50
- Juicie Tubes \$ 1.70

## Frozen

### OCCASIONAL

- Paddlepop \$ 1.70
- Moosies, frozen milk \$ 2.00
- Twisted Yoghurt cups \$ 3.00

## Special Diets

### GLUTEN FREE

- Muffins \$ 2.50
- Banana bread \$ 5.00
- Pasta Bolognese \$ 6.30
- Homemade fried rice with gluten free soy sauce \$ 4.80 (250g)
- Health pack with gluten free crackers and gluten free Hummus \$ 4.00
- Gluten free burgers \$ 7.50
- Gluten free pie \$ 6.00
- Gluten free sausage roll \$ 5.00

### DAIRY FREE

- yoghurt \$ 3.50
- Soy milk \$ 3.00
- muffins \$2.50

dairy free breads and spreads

### HALAL

- Halal Pies \$ 5.00
- Halal Sausage rolls \$ 4.50
- Halal Beef burger (beef Patty, tomato and lettuce) \$ 6.50
- Falafel wrap (Falafel, hummus, lettuce, tomato and cucumber) \$ 6.50
- Chicken burger (chicken, lettuce and mayo) \$ 6.50
- Chicken kebab stick \$ 3.50
- Chicken kebab in a wrap \$ 4.50
- Chicken kebab in a wrap with lettuce and mayo \$ 5.50



## Cold Food

### SANDWICHES

white, wholemeal, multigrain, Helgas low carb and gluten free bread available

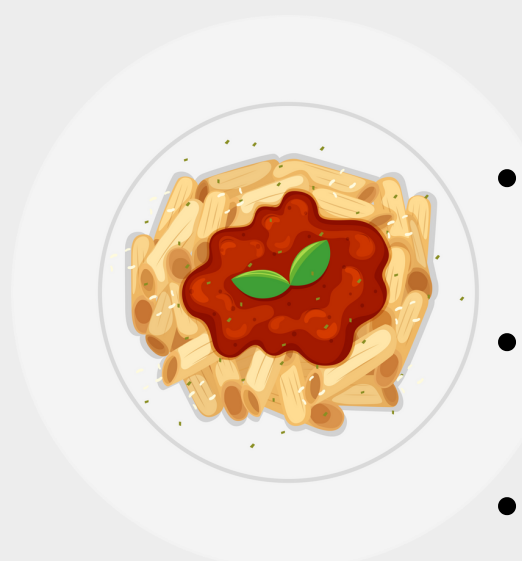
- Vegemite or honey \$ 2.50
- Vegemite and light tasty cheese \$ 4.30
- Light Tasty Cheese \$ 4.00
- Chicken, lettuce and mayo \$ 5.00
- Chicken and salad \$ 6.00
- Egg and Lettuce \$ 4.50
- Salad \$ 4.50
- Tuna and mayo \$ 4.50
- Tuna and salad \$ 6.00
- Light Tasty Cheese and tomato \$ 4.50
- Ham \$ 4.00
- Ham and tasty cheese \$ 5.00
- Ham and salad \$ 6.00
- Cheese and salad \$ 6.00
- Ham, tasty Cheese and Tomato \$ 5.50

(extra fillings \$ 0.50, toasted \$ 1.00, roll \$ 1.00 Turkish bread \$1.00, GF \$1.00)

### WRAPS / ROLLS

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 6.50
- Ham, cheese and Pineapple \$ 6.00
- Tuna, lettuce, tomato and mayo \$ 6.50
- Egg wrap (egg, tomato, lettuce, avo and mayo) \$ 6.50
- Falafel with mixed salad, carrots, cucumbers, hummus and Tzatziki \$ 6.50
- Salad wrap with mixed salad, tomatoes, carrots, cucumber, beetroot and avocado \$ 6.50
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 7.50

## Hot Food



- Homemade Pasta Bolognese \$ 5.30 (250g)
- Homemade Pasta with napoletano sauce \$ 4.80 (250g)
- Fried rice with vegetables \$ 4.80
- Homemade lasagna \$ 5.80
- Wonton Soup \$ 4.50
- Chicken noodle soup \$ 4.00
- Chicken kebab stick \$ 3.50
- Chicken Kebab in a wrap \$4.50
- Chicken Kebab on wrap with lettuce and mayo \$ 5.50

### OCCASIONAL

- Ricotta and Spinach Rolls \$ 4.50
- Timbertown Junior pies \$ 3.50



### Fresh Salads

- Garden Salad and dressing \$ 5.00
- Grilled chicken and salad \$ 6.00
- Tuna and salad \$ 6.00
- Greek salad \$ 6.00
- all small salads \$ 5.00
- OCCASIONAL
- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 6.00 (chicken \$1.00 extra)

## YBK Weekly Meals

### MONDAY - *Burgalicious* \$ 6.50

- Chicken Burger with chargrilled chicken breast, lettuce, mayo
- Beef burger with beef patty, lettuce, tomato and sauce
- Vegetarian Burger - potato patty, lettuce, tomato and mayo

### TUESDAY

- Homemade Butter chicken with rice \$ 6.50

### WEDNESDAY - Pizza

- Pizza Margherita \$ 4.50
- Pizza Vegetarian \$ 5.00
- Pizza Ham and Pineapple \$ 5.50
- Pizza Meatlovers \$ 6.00 *Occasional*

### THURSDAY *on alternate weeks*

#### Week 1

- Vegetarian Nachos \$ 5.50
- Beef Nachos \$ 6.00

#### Week 2

- Timbertown beef pie \$ 5.00
- Timbertown sausage roll \$ 4.50
- Timbertown Beef potato pie \$ 5.50

### FRIDAY

- Pasta with Meatballs in Napoletano sauce \$ 6.00
- Sushi Roll Tuna/Teriyaki Chicken/Vegetarian \$ 4.50
- Sushi Baby Box Tuna or cucumber \$ 4.80
- Edamame beans \$ 3.50

*\*Daily specials may change according to season, weather/school events.*



**HELP THE ENVIRONMENT BYO FORK  
or purchase for 20cents**