

The Endeavour

West Ryde Public School Newsletter
Term 3 Issue No. 5 – 18th September 2013



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Upcoming events

Sept

- 19th SPORTSPRO (in lieu of 31/7)
Chess & Recorder finish
- 20th Concert for students
Last day of term 3

Oct

- 8th Students return to school
NO SCRIPTURE
- 9th Uniform shop open
- 10th Chess & Recorder start
- 11th Wanderers' Clinic Yrs 3-6
Assembly - School Leaders
- 16th Uniform shop open
P & C

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Friendly Reminders

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P & C Planning Questionnaire

Principal's message

As the holidays are fast approaching and we come to the end of a very busy term it is a time to reflect on what the holidays are really for. It is a time to recharge the batteries not a time for more study. Yesterday I read an interesting article and I reprint a small extract here. "Wise words from a parent"

Children should know....how to laugh, act silly, be goofy and use their imagination. They should know that it is OK to paint the sky orange and give cats six legs. They should know their own interests and be encouraged to follow them, let them immerse themselves in rocket ships, drawing, dolls, dinosaurs or playing in the mud. They should know that the world is magical and so are they. They should know they are wonderful, brilliant, creative, compassionate and marvellous. They should know it's just as worthy to spend the day outside picking flowers, making mud pies or fairy houses as it is to practice phonics. If our children know that they are loved, if we keep them safe, if we let them use their imagination, just let them be, they'll be OK".

As this is the last newsletter for Term 3, I wish everyone a safe and happy holiday. The students will return to school after the October long weekend on Tuesday 8 October.

Around the World in Eighty Minutes

I hope that you all enjoyed the fantastic school musical and were suitably entertained by all of the students.

I would again like to thank all the students, staff and parents who worked hard throughout the term to bring this great musical to the stage. I am sure that you would agree that it was an Oscar winner performance all round.

Campers Return!

All of Stage 3, Ms Farthing, Ms Cannon and Mr Hayllar returned from a thoroughly enjoyable camp, tired, but happy. Our students represented WRPS well with their great behaviour and were complimented on by all. Thank you to these dedicated teachers for your duty of care, 24/7 and to our students for their wonderful behaviour.

NOTES/MONEY

IF YOUR CHILD HAS ANAPHYLAXIS SHOULD HE OR SHE CARRY THEIR OWN EPIPEN® OR ANAPEN® TO AND AT SCHOOL?

What is this article about?

If you have told the school that your child is diagnosed at risk of anaphylaxis you will receive a letter from the school.

This article provides more information about anaphylaxis.

What is an EpiPen® and an Anapen®?

EpiPen® and Anapens® are used in the emergency treatment of children who are having an anaphylactic reaction.

What is anaphylaxis?

Anaphylaxis is a severe and sometimes sudden allergic reaction. If your child has been diagnosed by a doctor as being at risk of anaphylaxis there are some important things to remember that will help the school to support your child's health care needs.

Why you need to keep us informed if your child is diagnosed as being at risk of anaphylaxis or if his or her condition changes. This includes if they have an anaphylactic reaction while not at school.

The school can only respond to risks it knows about. Please keep the school informed so that we can plan to support your child at school.

Why you need to provide the school with your child's current ASCIA Action Plan for Anaphylaxis and an EpiPen® or Anapen® signed by their doctor

The plan sets out the steps the school needs to follow in an emergency. It is essential for us to have this to keep your child safe.

We will keep a copy of your child's ASCIA Action Plan for Anaphylaxis stored with your child's EpiPen® or Anapen®.

Why it is important to talk regularly with your child about some simple steps to help keep them safe

It is important to regularly talk with your child about when and where they are at risk of contact with the things they are allergic to and how to avoid this. If you have told them not to take part in sharing food at school, regularly remind them of this.

Reassure them that if they do come into contact with something they are allergic to or they feel unwell at school they won't get into trouble. **They need to tell a teacher immediately.**

Kindergarten Enrolments

We are in the process of finalising our enrolments for 2014. If you have a friend or family member who is expecting to attend WRPS in 2014 please do so as soon as possible.

Election Day BBQ

A huge thank you to all our school community who gave up their time on Saturday to assist at the BBQ and cake stall.

Wanted! – Clean Jars

Jars are needed to make jams, condiments etc. for the Christmas Craft Market. All shapes and sizes (with lids) are required by Mrs Boyd by the end of this term.

School Banking Notice

Please be aware that the Dollarmites moneyboxes will no longer be available from next year (2014), as the bank is changing the rewards. To avoid any child missing out on claiming their moneybox, please let your children know of this change and encourage them to redeem their moneybox by placing an order before the end of Term 4.

Enrolments for the sacrament of Reconciliation will take place at St Michael's Church Meadowbank on the weekends of 12th- 13th and 19th- 20th October. Enrolments will be taken immediately after mass at the rear of the church. Should you have any queries regarding the sacramental program please contact Marisa Squadrito on phone 9874.5792

CANTEEN NEWS

The canteen will re- open on Tuesday, 8th October.

Please do not bring \$100 and \$50 notes to the canteen as we cannot give you change.

UNIFORM SHOP NEWS

The opening days for the Uniform Shop for Term 4 will be Wednesday (from 8.45am – 9.15am) 9th, 16th & 30th October, 13th & 27th November and the last opening day 4th December 2013.

P & C NEWS

Many thanks go out to the parents who helped out at the Federal Election Day BBQ and Cake stall which raised more than \$1800 for the school. This money will go towards funding the P&C activities. There were so many parents volunteering that someone was always there to cover a shift and everything went pretty smoothly on a warm sunny day. And if you see James Cleland, Jo Chang or Alison Chan, please pat them on the back for job well done.

In October, we will be providing 2014 Kindy parents orientation into our school. With the addition of these students, our school is expected to expand again, putting pressure on OOSH availability. OOSH has stepped up to meet some of the demand although it is bound to be filled up really quickly.

Meanwhile a few parents have banded together to organise after school educational classes to cater for students who are interested in Drama, Arts, Dance and Circus in the next term. This is an opportunity for the school and for the children and would be good if we support the initiative.

One of the indicators of a successful school is the recognition of the community in relation to the performance of the school and interaction with the local community. Where this is most reflected is in the increase in the support of the school from the local businesses. St. George (Top Ryde) provided a deal where anyone who takes out a loan at St George Top Ryde and nominates West Ryde Public School as the recipient, we will receive 0.2% of the loan amount. Similarly for any home sold through Elizabeth Wiggins of McGrath Epping entitles us to \$500. Other businesses, through the local business council have indicated their willingness to support our school.



As we go into the Spring Break, I would like to wish everyone safe journeys and enjoy the holidays. Looks like an early start to the beach. Next term will be eventful culminating with the Christmas Market Day on Friday 6th December, our biggest fundraiser for the year, and hopefully our most fun. There has been already a lot of work by a number of people, and more work left to do.

Alan Khaw

PS: Please return the [Planning Questionnaire which is attached](#) to the school office ASAP as the draw for a small prize will be done on Friday. If we don't provide feedback, it won't be placed in our agenda for prioritisation.



Return the Planning Questionnaire

before Saturday, 21st September to get into the draw.

**Please submit the questionnaire at the office or to
wrps@ehsai.com.au**

The NEXT WRPS P&C MEETING DATE

OCTOBER: Wed 16th October 7:00 – 8:00 pm

NOVEMBER: Wed 20th November 7:00 – 8:00 pm

In the school library.

Planning questionnaire

As the elections pass us after Saturday, the P&C would like to get your feedback in our planning process. There have been items already identified for future inclusion as and when more funds are provided to schools as a result of the Federal Election, such as new classrooms required, new roof to the hall, upgrade to the hall multimedia system, a new canteen kitchen, new cricket nets, expansion of a drama/arts program and a swimming pool (!). Some of these items are capital (one-off build + smaller annual maintenance cost) in nature and some are on-going programs (annual costs).

How are we using the result of this questionnaire?

- 1. It provides a list of items not thought up by members of the committee.
- 2. It gives us a priority list when opportunities come up for funding.

As a result there are 3 questions we would like you to answer so we can work together as a school community towards these goals. In addition, if you return this questionnaire by Friday 21st September, you go into a draw for a \$20 Woolies Wish Card.

1.	<p>Capital improvements are additional buildings, improvements to buildings and infrastructure work in the school. Please list your top 3 priorities for capital improvements. Among those suggested are:</p> <ul style="list-style-type: none">• new classrooms• new roof to the hall• upgrade to the hall multimedia system• a new canteen kitchen• new cricket nets• swimming pool <p>If what you think is not listed please list it anyway.</p>
	<div data-bbox="204 1384 1295 1556"></div> <div data-bbox="204 1590 1295 1762"></div> <div data-bbox="204 1796 1295 1968"></div>

2.	<p>Optional programs, events or services that you think you would like to see at the school. At the moment the list include:</p> <ul style="list-style-type: none"> • Drama and performing arts program • Art program (painting, sculpting) • Additional musical instruments for the orchestra • West Ryde Public School's 100th anniversary celebration (2017) <p>In the past the P&C has funded replacement of the basketball nets with the netball nets.</p> <p>If what you think is not listed please list it anyway.</p>
	<div data-bbox="202 577 1297 712"></div> <div data-bbox="202 734 1297 869"></div> <div data-bbox="202 891 1297 1025"></div>
3.	<p>What other suggestions should the P&C consider in making the school a better place for your child?</p>
	<div data-bbox="202 1254 1297 1388"></div> <div data-bbox="202 1411 1297 1545"></div> <div data-bbox="202 1568 1297 1702"></div>

Parent Name:

Student Name:



"Excellence in Girls' Education"

Edgeworth David Avenue,
Hornsby NSW 2077
Telephone: 9476 5711
Facsimile: 9482 2525
Email:
Hornsbygir-h.school@det.nsw.edu.au

*As there is no parking facilities available in
the school grounds, parking at Westfield
Shopping Centre is recommended.*

AN INVITATION TO

Hornsby Girls High School

OPEN DAY

For Year 5 students seeking admission to this

Selective High School in 2015

Friday 11th October 2013

9.00am—11.00am

Parents and Students are asked to meet in the

School Hall

If you would like to participate in Band Workshops after
Open Day please contact the school.

NORTHERN SYDNEY GIRLS CRICKET ASSOCIATION

FUN

Friday nights or
Saturday afternoons

GIRLS ONLY
CRICKET COMPETITIONS
AGES 8 TO 16



Web: nsgca.nsw.cricket.com.au

Email: nsgcacricket@gmail.com Mob: 0450 905 875

Like NSGCA on Facebook and follow us on Twitter!

“ It is so
wonderful
to have my
active, happy,
motivated & confident
10 year old boy back. ”

Cate Latham, Go4Fun parent.

Go4Fun

Healthy • Active • Happy • Kids

A FREE 10 week program for kids
aged 7 to 13 years, and their families,
to become fitter, eat healthier and
improve their self-esteem.

When: Thursdays, 4-6pm
Starts 17th October

Where: North Ryde RSL Youth Club
Magdala Rd, North Ryde

Details/ Registration

Free Call:
1800 780 900

Online:
go4fun.com.au



Health
Northern Sydney
Local Health District



Normanhurst Boys High School

Pennant Hills Rd, Normanhurst, NSW 2076

*An academically selective
School of Excellence in Boys' Education.
A positive and caring learning environment*

Information Mornings for Year 7 2015

To assist parents, two Information Mornings
will be held in the School for those interested in
the 2015 Year 7 selective intake.

Friday 20 September 2013

9.30am – 11.00am

Tuesday 08 October 2013

9.30am – 11.00am

Please telephone the School on **9489 1077**

for more information or contact us at:

normanhurb-h.school@det.nsw.edu.au OR

www.normanhurb-h.schools.nsw.edu.au



**SEPT/OCT
SCHOOL
HOLIDAY PROGRAM**

ZAP!

KAPOW

BIFF!



**Biff! Zap! KaPow! Calling all superheroes!!
Come and join us for super fun, super
juggling, super craft, super stories and much,
much more!**

**For more information see the City Of Ryde
website – under the Library banner.**

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (7/11 - 5/12, 7.00-9.30pm)

Triple P (Positive Parenting Program) Course (3-8yrs)

Strategies to encourage desirable behaviour and manage persistent misbehaviour.
Chatswood 7sessions over 8 wks - 5 group & 2 telephone (16/10 - 27/11)

Communicating with Kids Course (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.
Chatswood 6 wks/2.5hrs (21/10 - 25/11, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks/2.5hrs (29/10 - 26/11, 7.00-9.30pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 17 - 31/10 (3 wks/2.5hrs (7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (13/11, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (22/10, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)

- | | |
|--|---------------------------------|
| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School |
| ★ Tucker without Tantrums/Toilet Training | ★ Transition to High School |
| ★ Speech & Language Development/Sleep | ★ Triple P (PPP) Seminar Series |
| ★ Older Sibling - New Baby | 1-12 years & Teens |
| ★ Bully Busting | ★ Dealing with Teen's Back Chat |
| ★ Resilient Kids | NEW ★ Grand Parenting |

Enquiries: Child & Adolescent Parenting 9887 5830

www.nscchhs.health.nsw.gov.au/caparenting.htm



Health
Northern Sydney
Local Health District

